Minette FOUNDATION

international nonprofit 501(c)(3)

Investing in People. Strengthening Communities. *Creating Brighter Tomorrows.*

EXPANDING ACCESS • PROMOTING HEALING • REDUCING STIGMA



About Minette Foundation

The Minette Foundation is the nonprofit arm of Minette Psychotherapy and operates as a 501(c)(3) organization founded by Mary Taveras Garcia, LCSW-R, and Madeline Maldonado, LCSW-R. As the charitable branch of the practice, the Foundation is dedicated to expanding access to mental health services and educating communities about mental health and wellness to reduce stigma and promote healing. We help cover the cost of care for individuals who are uninsured or unable to afford services, including Autism diagnostic evaluations and mental health therapy for children, youth, and adults.

Our Mission

To expand access to mental health care and essential resources—including food, clean water, and hygiene items—for women, men, children, youth, and families experiencing poverty or systemic barriers to care. We are equally committed to supporting the well-being of providers through professional development trainings and wellness/self-care events—strengthening trauma-informed systems of support across sectors.

Our Reach

The Minette Foundation is a U.S.-registered organization with a global vision. Through partnerships with providers and organizations, we seek to create tangible, cross-border impact and uplift women, men, children, and families. Our international work promotes education, healing, and family reconnection—so that every woman, man, and child has the opportunity to reclaim their story and shape a different future.

How We Provide Services

The Minette Foundation expands access to trauma-informed care and essential resources through a collaborative, community-powered model.

Professional Volunteer Network

Licensed clinicians, educators, and wellness practitioners offer pro bono or low-cost services, mentorship, and training—especially those who are bilingual and culturally responsive.

Strategic Partnerships

We work alongside schools, nonprofits, clinics, and grassroots organizations to reach under-resourced communities and co-create sustainable care pathways.

Direct Support Through Donations

Contributions fund free or affordable Autism evaluations, mental health therapy, and critical supplies like food, water, and hygiene kits for families in need.

Community Engagement Events

We partner with individuals and groups to host fundraisers, wellness gatherings, and awareness events that reduce stigma and uplift both caregivers and those they serve.

Education and Mentorship

Students and early-career professionals gain hands-on experience through internships and field placements that emphasize equity, healing, and community care.

Internship & Capstone Opportunities

Minette Psychotherapy and Minette Foundation offer interdisciplinary internship and field placement opportunities that integrate clinical practice, community engagement, mental health advocacy, nonprofit development, marketing, and fundraising. Students gain meaningful, hands-on experience while contributing to our mission.

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Mental Health Practitioner Internship

Minette Psychotherapy + Minette Foundation

- Clinical experience with individuals, families, and groups
- Community outreach and workshops
- Case management and referrals
- Observe autism evaluations (0-3)
- Participate in OPWDD psychosocial intakes

Ideal Academic Programs

BSW, MSW, Mental Health Counseling, Psychology, and related clinical programs

2



Grant Writing & Nonprofit Development Internship

Minette Foundation

- Research grant opportunities
- Draft grant proposals
- Maintain funding database
- Research individual donors
- Support fundraising strategy

Ideal Academic Programs

Nonprofit Management, Public Administration (MPA), Business Administration, Public Policy, Social Work (macro)

3



Corporate Sponsorship & Fundraising Internship

Minette Foundation

- Identify and research sponsors
- Develop sponsorship packages
- Conduct outreach and follow-up
- Maintain sponsorship database
- Support fundraising campaigns and events

Ideal Academic Programs

Nonprofit Management, Business Administration (BBA/MBA), Marketing, Public Relations, Communications, Public Administration

4



Digital Marketing & Public Relations Internship

Minette Psychotherapy + Minette Foundation

- Create social media content
- Design promotional materials
- Assist with email marketing
- Draft press releases
- Track engagement and reports
- Support fundraising and event promotion

Ideal Academic Programs

Marketing, Digital Marketing, Communications, Public Relations, Journalism, Business Administration

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Fundraising & Event Management Internship

Minette Foundation

- Assist with gala and special events
- Coordinate with venues and vendors
- Support event budgets and logistics
- Assist with ticket promotion
- Coordinate volunteers
- Prepare post-event evaluations and impact reports

Ideal Academic Programs

Event Management, Hospitality Management, Nonprofit Management, Marketing, Public Relations, Business Administration

Academic Partnerships

We welcome collaboration with colleges and universities to create meaningful internships and capstone projects. Opportunities may be structured for a semester or academic year and can be tailored to meet specific program requirements. Remote, hybrid, or in-person arrangements may be considered.

Together, we can reduce stigma, promote healing, and ensure every human being has the opportunity to reclaim their story and shape a brighter future.

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Communities Stronger. Futures Brighter.