MINETTE PSYCHOTHERAPY + MINETTE FOUNDATION INTERNSHIP, FIELD PLACEMENT & CAPSTONE OPPORTUNITIES

Clinical Practice • Community Engagement • Nonprofit Development • Advocacy

About Minette Psychotherapy

Minette Psychotherapy is a clinical practice founded by Mary Taveras Garcia, LCSW-R, and Madeline Maldonado, LCSW-R, committed to culturally humble, evidence-based, trauma-informed care. Its clinical leadership provides regular guidance and oversight to staff, with attention to ongoing care and emerging client needs.

Our Approach to Clinical Supervision

Clinical staff and student interns receive individual and group supervision. Our supervisory approach emphasizes interest, empathy, acceptance, and openness, creating a supportive learning environment where students and staff feel comfortable developing their skills. Supervisors help clinicians integrate their training, experiences, resources, and personal strengths to work toward high standards of effective clinical practice.

Clinical Internship Schedule

Minette Psychotherapy offers hybrid internships of 21 hours per week, combining remote and in-person experience. All clinical interns are required to attend in person at our Bronx office on either Tuesday or Wednesday, between 10:00 AM and 6:30 PM. The remaining internship hours are completed remotely, according to placement requirements and assigned responsibilities.

About Minette Foundation

Minette Foundation is the nonprofit arm of Minette Psychotherapy and operates as a 501(c)(3) organization founded by Mary Taveras Garcia, LCSW-R, and Madeline Maldonado, LCSW-R. As the charitable branch of the practice, it expands access to mental health services, educates communities about mental health and wellness, reduces stigma, and promotes healing. The Foundation helps cover care for people who are uninsured or unable to afford services, including autism diagnostic evaluations and mental health therapy for children, youth, and adults.

Our Mission

To expand access to mental health care and essential resources—including food, clean water, and hygiene items—for women, men, children, youth, and families experiencing poverty or systemic barriers to care. We also support providers through professional development, wellness, and self-care events that strengthen trauma-informed systems of support.

Our Reach

The Foundation is registered in the United States and works toward global impact through partnerships with providers and organizations. Its international initiatives promote education, healing, and family reconnection so individuals and families can reclaim their stories and shape brighter futures.

How We Provide Services

- Professional volunteer network: Clinicians, educators, and wellness practitioners offer pro bono or low-cost services, mentorship, and training, emphasizing bilingual, culturally responsive care.
- Strategic partnerships: Schools, nonprofits, clinics, and grassroots organizations collaborate to reach under-resourced communities and build sustainable care pathways.
- Direct support through donations: Contributions fund affordable or free autism evaluations, therapy, food, water, and hygiene supplies.
- Community engagement events: Fundraisers, wellness gatherings, and awareness events reduce stigma and support communities and caregivers.
- Education and mentorship: Internships and field placements emphasize equity, healing, and community care.

About Our Internship Program

Minette Psychotherapy and Minette Foundation offer interdisciplinary undergraduate and graduate placements integrating clinical practice, outreach, advocacy, nonprofit development, marketing, and fundraising. Responsibilities are tailored to academic requirements, interests, qualifications, and training level.

Mental Health Practitioner

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Mental Health Practitioner Internship

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A dynamic, hands-on experience rooted in trauma-informed, culturally responsive, community-centered care. Interns participate in clinical and macro-level activities emphasizing outreach, education, and advocacy.

Collaborative Professional Development & Supervision

- Participate in weekly group supervision to reflect on practice, build clinical insight, and foster peer support.
- Attend staff meetings and professional development trainings in trauma-informed, culturally responsive care.

Community Engagement & Outreach

- Conduct outreach to schools, churches, community agencies, senior centers, and other partners.
- Coordinate virtual and in-person mental health workshops on topics such as suicide awareness, bullying prevention, tailored to partner needs.

Content Creation & Awareness

- Work with the social media manager on mental health content for Facebook, LinkedIn, and Instagram to promote awareness, reduce stigma, and share resources.

Development & Fundraising

- Research prospective private donors and grant opportunities.
- Support fundraising initiatives that sustain and expand the Foundation's impact.

Clinical Learning

- Participate in psychoeducational and support groups for parents of children with autism and other disabilities.
- Provide psychotherapy to individuals, couples, and families across the lifespan ***(Master's level students only)***
- Provide case management and referrals for housing assistance, OPWDD, Social Security Disability, ACS preventive services, psychological testing, childcare vouchers, and related resources.

Diagnostic & Intake Experience

- Observe autism diagnostic evaluations for toddlers ages 0–3.
- Participate in psychosocial intakes for therapy services and diagnose clients using the DSM-5TR manual. ***(Master's level students only)***
- Participate in psychosocial intakes for people seeking OPWDD eligibility.

Ideal Academic Programs

BSW, MSW, Mental Health Counseling, Psychology, and related clinical programs

Learning Outcome

Integrated experience in clinical exposure, outreach, advocacy, trauma-informed practice, and nonprofit services.



Grant Writing & Nonprofit Development Internship

Minette Foundation

A hands-on opportunity to apply classroom learning to real nonprofit priorities while developing practical professional skills.

Opportunities for Learning

- Research government, corporate, and private foundation grants and prospective individual donors.
- Assess eligibility, deadlines, and application procedures.
- Draft grant narratives and supporting documents.
- Build a grant prospect database and application calendar.
- Support donor cultivation and fundraising strategy.

Ideal Academic Programs

Nonprofit Management, MPA, Business Administration, Public Policy, macro Social Work

Potential Capstone Project

Create a funding strategy with a prospect database, calendar, and draft grant proposals.



Corporate Sponsorship & Fundraising Internship

Minette Foundation

A hands-on opportunity to apply classroom learning to real nonprofit priorities while developing practical professional skills.

Opportunities for Learning

- Identify corporate sponsors and community business partners.
- Research corporate giving programs and sponsorship criteria.
- Develop sponsorship packages, proposals, and solicitation letters.
- Conduct sponsor outreach and coordinate follow-up meetings.
- Maintain sponsorship records and assist with recognition and stewardship.
- Support fundraising campaigns and special events.

Ideal Academic Programs

Nonprofit Management, BBA/MBA, Marketing, Public Relations, Communications, MPA

Potential Capstone Project

Design and implement a sponsorship campaign with prospect research, outreach materials, and evaluation.



Digital Marketing & Public Relations Internship

Minette Psychotherapy + Minette Foundation

A hands-on opportunity to apply classroom learning to real nonprofit priorities while developing practical professional skills.

Opportunities for Learning

- Create social media campaigns for Facebook, Instagram, and LinkedIn.
- Develop mental health education and stigma-reduction content.
- Design materials for workshops, community programs, and fundraising events.
- Support newsletters, email marketing, press releases, and announcements.
- Track engagement and prepare campaign performance reports.

Ideal Academic Programs

Marketing, Digital Marketing, Communications, Public Relations, Journalism, Business Administration

Potential Capstone Project

Develop and evaluate a marketing campaign for a fundraising event or mental health awareness initiative.



Fundraising & Event Management Internship

Minette Foundation

A hands-on opportunity to apply classroom learning to real nonprofit priorities while developing practical professional skills.

Opportunities for Learning

- Help plan the annual gala and other fundraising events.
- Coordinate with venues, vendors, partners, and volunteers.
- Support budgets, timelines, registration, and event logistics.
- Assist with sponsor outreach, donor engagement, and ticket promotion.
- Prepare post-event evaluations and impact reports.

Ideal Academic Programs

Event Management, Hospitality Management, Nonprofit Management, Marketing, Public Relations, Business Administration

Potential Capstone Project

Develop a complete event plan with budget, sponsorship strategy, marketing campaign, timeline, and evaluation framework.

Academic Partnerships & Capstone Projects

We welcome partnerships with faculty, academic departments, internship coordinators, and capstone directors to create structured, community-based projects aligned with academic learning objectives and organizational needs.

- Fundraising and sustainability strategies; grant research and proposal development.
- Corporate sponsorship, donor engagement, and community partnerships.
- Mental health awareness and stigma-reduction campaigns.
- Community outreach, program development, and evaluation.
- Fundraising event planning and management.

Placements may follow a semester or other approved academic period. Remote, hybrid, and in-person arrangements may be considered according to project needs. Clinical activities require appropriate academic approval, qualifications, supervision, and client consent. Nonclinical placements include defined objectives, supervision, and measurable deliverables. Compensation and academic-credit arrangements must comply with applicable requirements from the University or College.

Partner With Us

Connect classroom learning with meaningful community impact. Contact Minette Foundation to discuss internships, field placements, and capstone partnerships.

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